



Name: ..... Date: .....

### Patient Questionnaire – Anorectal Health

**Bowel & Dietary Habits**

(Circle either Yes or No for each answer)

- |   |         |
|---|---------|
| 1. Do you suffer from Constipation?   | Y / N   |
| 2. Do you suffer from Diarrhea?   | Y / N   |
| 3. Do you have to strain or push hard when having a bowel movement?                 | Y / N   |
| 4. Time spent on toilet during average bowel movement?                              | Minutes |
| 5. Does any tissue ever come out of your rectum (prolapse) during a bowel movement? | Y / N   |
| 6. Do you often feel like you're "still not done" after a bowel movement?           | Y / N   |
| 7. Are you taking any fiber supplements?  | Y / N   |
| a. If yes, which one(s)? .....  |         |
| 8. On average, do you drink the equivalent of 6-8 glasses of water per day?         | Y / N   |

**Symptoms (in Rectal Area)**

(Check all that apply)

- Bleeding     Itching     Prolapse     Pressure or Swelling     Leaking or Soiling     Pain     Burning

**Additional Questions**

(Circle either Yes or No for each answer)

- |   |       |
|---|-------|
| 1. Are you allergic to latex?   | Y / N |
| 2. Are you pregnant?  | Y / N |
| 3. Are you taking any blood thinners (Coumadin, Plavix, Pradaxa, Xarelto, Eliquis, etc.)?         | Y / N |
| 4. Have you ever been diagnosed with Crohn's disease, proctitis, cirrhosis or anal/rectal cancer? | Y / N |
| 5. Are you taking immunosuppressant medication or undergoing radiation treatments?                | Y / N |
| 6. Have you ever had a colonoscopy? Y / N    Date of last colonoscopy: .....                      |       |

**Additional Comments?**

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